



Lemon Coconut Power Balls

12 servings

15 minutes

Ingredients

1 1/4 cups Unsweetened Shredded Coconut
 1/2 cup Coconut Butter
 3/4 oz Collagen Powder
 2 1/2 tbsps Lemon Juice
 2 tbsps Maple Syrup
 1 1/2 tps Lemon Zest
 1 tsp Vanilla Extract
 1/16 tsp Sea Salt (optional)

Nutrition

Amount per serving	
Calories	142
Fat	13g
Carbs	7g
Fiber	3g
Sugar	3g
Protein	3g
Cholesterol	0mg
Sodium	22mg
Vitamin A	0IU
Vitamin C	2mg
Calcium	5mg
Iron	1mg

Directions

- 1 Add the shredded coconut to a food processor and blend until a coarse crumb forms.
- 2 Add the remaining ingredients to the shredded coconut in the food processor and blend until a dough forms. Form into even balls with your hands, roughly 1-inch in diameter.
- 3 Let them set in the fridge for at least an hour before serving. Store in the fridge or freezer until ready to enjoy.

Notes

Leftovers, Refrigerate in an airtight container for up to three days or freeze for up to two months.

Serving Size, One serving is one ball.

Additional Toppings, Top with shredded coconut, coconut sugar and lemon zest.

No Maple Syrup, Use honey or agave instead.

Consistency, The dough will be soft and moist as you form the balls but will become firm in the fridge or freezer.