



## Mango Sorbet

2 servings

5 minutes

### Ingredients

1/2 cup Plain Coconut Milk (full fat, no gums or fillers added)  
1 Lime (juiced)  
1 serving Vital Proteins Collagen Peptides  
1/16 tsp Stevia Extract  
2 Mango (frozen)  
2 tbsps Unsweetened Almond Milk (optional)

### Directions

- 1 Add coconut milk, lime juice, collagen protein, and stevia to high powered blender or food processor, and blend for about 10 seconds.
- 2 Add in 2 mangos that have been cubed and frozen, then blend until smooth and thick.
- 3 Add almond milk as needed if the mixture is too thick.

### Notes

**Leftovers:** Refrigerate in an airtight container for up to three days.

**Serving Size:** One serving is equal to one-half of a medium-sized mango.